

### ***A NIGHT TO REMEMBER***

Most of us have experienced moments of forgetfulness or know people who have experienced this problem, perhaps on a more frequent basis. In a new initiative to bring experts in matters of importance to our citizens, the West Vancouver Community Foundation is very pleased to present Dr. Max Cynader, Director of the UBC's Brain Research Centre who will speak at the **Kay Meek Centre on Monday, February 25 at 7:30 p.m.** His talk will be on "**Managing Forgetfulness and Aging Successfully**". This evening should be of interest to both seniors and those with aging parents.

Dr. Cynader is a world-renowned expert on matters related to the brain. He holds a Canada Research Chair in Brain Development and has published numerous papers in the area of neuroscience over the years. He is also a West Vancouver resident. In his role as Director of the UBC/Vancouver Coastal Health Brain Research Centre, Dr. Cynader coordinates the research activities of over 250 researchers who are involved in studies related to ten diseases of the brain, including multiple sclerosis, Parkinson's Disease, stroke, mood disorders, neurotrauma and Alzheimer's. These scientists share resources and results, and it is not uncommon for the findings of a scientist who is funded to study one disease to have direct impact on another. The Brain Research Centre is rated as one of the top three such facilities in the world.

Dr. Cynader's talk will deal with the biological factors that are precursors to memory loss, and he will discuss steps that all of us can take to minimize or reduce the impact of having memory loss overtake us in our senior years. He will also dispel several common myths surrounding this memory loss. Please watch the North Shore News in early February for more news of this presentation.

### ***FROM THE CHAIR***

2007 has been a year of changes for the Foundation. This spring Richard Rees and Brooke Campbell left the Board and we welcomed new members Merla Beckerman and Gerry Humphries. Delaina Bell took over as Executive Director from Charlotte McLaughlin who had provided strong support to the Foundation for 6 years. In September we moved our offices to the West Vancouver Partners Centre at 1846 Marine Drive where we continue to share space with the Chamber of Commerce, the Coho Society and are joined by the North Shore Spirit of BC Committee and some municipal staff.

In June the Board held a Strategic Planning Retreat and the Foundation is currently refreshing its printed and web materials and developing new programs to support the community. We held two grant competitions and awarded grants and scholarships totaling nearly \$95,000.

The Foundation was recently awarded a \$10,000 grant from the McConnell Foundation to establish an endowment to support environmental projects. We are seeking additional funds to build the endowment to \$30,000 by 2009.



*2007 Board of Directors L to R Coleen Nemtin, Byron Hender, Merla Beckerman, Helen Vanee, Jim Carphin, Marjorie Gibson, Rob Travers, Bruce Milley, Carol Ludvigsen, Gerry Humphries, Tim Porteous, Ron Royston, Delaina Bell (Executive Director) and Bill Harvey.*

## **FOOTPRINTS — LEAVE A “POSITIVE” LEGACY IN YOUR COMMUNITY**

We've all heard about the damage we are doing in leaving our biological footprints on this planet. Boy, have we heard about it! It's sad to think that this legacy of resource depletion will be what we are all remembered for by future generations. But must this be our defining legacy.

Each of us has the ability to also leave a positive footprint - a legacy gift either during our lives or upon our demise that can make a difference to future generations. And where better to make that special gift than right here in West Vancouver, the community that we all share today.

Wouldn't it provide peace of mind to know that you are leaving a positive footprint by means of a legacy gift that will enable future generations to enjoy a community that has been made better by your gift? By estab-

lishing an endowment fund in your or your family's name (or that of someone else who is special to you), you can be assured that the income from your fund will provide support to a program or activity that you designate in perpetuity.

Your gift could be made to support one or more programs for art and culture; it could be made to support the youth of our community through funding programs, activities, scholarships, drug prevention or rehab programs. It could be made to support activities or transportation options for seniors, or it could augment our recently established Sustainable Environment Endowment Fund. Another option is to support our Community Fund, where the income is available to meet the changing needs of the community.

A legacy gift can be made through your

will or the creation of a trust, but it can also be done during your lifetime from excess cash, the proceeds of a no longer needed life insurance policy or RRSP/RRIF, or appreciated shares in a publicly traded company.

So, after you have provided for family and friends, why not set aside a special gift to support the work of the West Vancouver Community Foundation. You can help to ensure that the West Vancouver of tomorrow is an even better place than it is today. Whether your donation is made while you are alive and able to see its benefits or through your estate, your legacy gift to the West Vancouver Community Foundation will help us make a difference, and will provide your defining footprint for having been a member of this community. Please contact our Executive Director, Delaina Bell for more information

## **REACHING OUT TO YOUTH**

In March, the Foundation granted \$5,000.00 to the Lion's Gate Hospital, North Shore Palliative Care Program, to facilitate the "Youth Living with Loss" program. The program is offered to North Shore youths between the ages 13 to 24, who have experienced the death of a family member or friend. Youths are generally considered to be a high-risk population and can be difficult to reach through traditional counseling. Many youths are resistant or find it difficult to talk about their losses. This innovative program uses music and art therapy, group discussions, and sports, to encourage bonding and healing between those who share similar pain. Primary services are provided in a support group setting, however, individual assessments and grief counseling are also offered on a time-limited basis by a youth counselor.

The program is held in West Vancouver at the Ambleside Youth Centre at no cost to participants. Currently, the youth support groups run for 8-week sessions in the Spring and in the Fall. Additionally, 6 drop-in groups are offered throughout the year for youth who have previously participated in an 8-week session. The Youth Bereavement Program has helped about 130 families since 1998.



Photo courtesy North Shore News

*L to R: Kendra Pickwell, Delaina Bell, Beth Clark, Byron Hender*

## **SENIORS' "GO BUS" IN ITS SECOND YEAR**

The Seniors Go Bus project was initiated in 2006 with the support of a Vancouver Foundation \$5,000 LEAD grant to the West Van Community Foundation. It is being funded by a consortium of North Shore municipalities, service providers and seniors organizations. It is in its second year of operation with routes through West Vancouver and the City and District of North Vancouver. The service is available three days a week. In 2007, the Go-Bus received a second LEAD grant and a further \$5000 grant from the Foundation. The Go Bus is a community shuttle service targeted specifically at seniors 65 plus, particularly those who currently have limited transportation options or have difficulty getting to important services.

## **THE FARIS FAMILY SCHOLARSHIP**

**Marcel Sangsari's UBC Experience:** For the past four years I have had the privilege of being awarded the Faris Family Scholarship. During this time I have worked and studied hard to maintain a high academic standing, first at West Van Secondary School, then at UBC where I am currently in my fourth year of a BA program in international relations and economics. I am extremely thankful for the kind support the West Vancouver Community Foundation and the Faris Family have provided for me.

The award has allowed me to spend more time focusing on university and less time working to come up with the funds to pay the high tuition rates. Furthermore, the scholarship has given me extra motivation to work as hard as I can to maintain the 80% ('A') average required to continue the scholarship for the following year. Although I have always set ambitious academic and personal goals for myself, the scholarship has encouraged me and given me an added incentive to study as hard as I can at UBC.

Alongside my studies at UBC, these past three years I have been involved in numerous on-campus activities. I have participated in many intramural sports such as playing on futsal, outdoor soccer, and ice hockey teams, and getting involved in other special athletic events such as the annual Storm the Wall and Day of the Longboat competitions. In addition, my passion for world affairs has led me to participate with a highly regarded student club on campus called the International Relations Students' Association (IRSA). Last year I was on the IRSA executive committee as the assistant to the President of the club. We had a productive year hosting guest speakers, showing documentaries and having discussions at our weekly meetings, and putting on a wonderful UBC Model United Nations and a foreign policy conference on "Failing, Failed, and Fragile States". These alternative activities to my university courses have allowed me to maintain an open and diverse mind, not restricted to only studying. In short, they have given me the chance to remain sane with all the pressure every university student endures.

My time at UBC has been both enjoyable and rewarding. I have met many new, interesting people and some excellent professors. In this regard, the Faris Family Scholarship has greatly assisted me with my studies. Moreover, I have learned that through setting ambitious but achievable goals and consistently putting in hard work, determination and perseverance, the sky is the limit. Nothing in this world comes easily, and I am thoroughly obligated that I have had the opportunity to be awarded the Faris Family Scholarship for the past four years in recognition of my hard work.

Marcel Sangsari

## **WEST VAN COMMUNITY SAILING SCHOOL**

The Community Sailing school program is run by the West Vancouver Yacht Club for West Vancouver elementary and high school students. The program provides safe boating courses and on completion students receive the Pleasure Craft Operators card. The Club also hosts the Interscholastic High School Team Racing program that teaches high school students the basics of sailing as well as competitive racing principles. In 2007, the program received a \$2000 grant from the Fred/k E. Russell Fund.



*Learning to sail - Summer 2007*



## **FOUNDATION ASSISTS CAPILANO RUGBY CLUB PROJECT**

After several years of negotiations, the Capilano Rugby Club and the District of West Vancouver signed a twenty-five year lease allowing the rugby club to move forward with its plans to develop a "Rugby Centre of Excellence" on the North Shore at Klahanie Park. The Foundation was able to assist with administrative support for the project. The Club and its membership subsequently raised over a quarter of a million dollars for its capital campaign to complete and renovate its Clubhouse. The lease also allowed the Capital Campaign Committee to approach several large donors as well as apply to the Government Gaming Commission for donations. It is the Club's expectation that once the necessary funds have been raised, work will begin on completion of the project expected to cost over one million dollars.

## ***2006 Annual Report***

### ***EXCERPTS FROM THE ANNUAL REPORT TO THE FOUNDATION'S 27th ANNUAL MEETING***

The real business of the Foundation is grant making. In 2006, the Foundation was instrumental in establishing a pilot project for the Seniors Go Bus that provides transportation for homebound and other seniors needing transport to get to medical appointments, etc.

The Foundation also supported two major fund raising projects. The Hugo Ray Park Society is seeking to raise \$5 million through a combination of government, private and campaign funding to create two artificial fields for field hockey in Hugo Ray Park. We also supported the Capilano Rugby Society in its efforts to raise funds for the development and completion of new facilities for Rugby at Klahanie Park. While these two projects do not directly support the establishment of endowments within the Foundation, the Board believes that our involvement will help raise our profile in the community and in the long run, be a benefit to the Foundation.

The Foundation agreed to partner with the North Shore Community Foundation to facilitate discussion of a trail that would span the north shore from Horseshoe Bay to Deep Cove. The Foundation subsequently partnered with the North Shore Spirit Committee to compete for the \$1 million grant that the North Shore Credit Union had announced for a major project that supports the physical, environmental or financial wellness of one of the local communities the Credit Union serves. Although the Foundation made the short list our application was not successful. The Spirit Trail as it is now known subsequently recently received \$3.7 million in

provincial funding. These funds will be matched by the three municipalities and the two community foundations will be partnering to act as a conduit for public donations that will hopefully enable the Trail to be substantially completed by 2010.

The results of our ongoing program of grants and student awards are reflected in the financial statements and Grant Chair Carol Ludvigsen's report elsewhere in this newsletter will elaborate on some of the grants.

We developed new guidelines to assist donors wishing to take advantage of the new income tax regulations with gifts of appreciated stock and have formalized several policies governing our administrative arrangements.

On the financial front, we have experienced modest growth in our asset base and we had a reasonable investment return for fiscal 2006. During the year we undertook a review of our investment managers and effective January 1, moved our portfolio to Leith Wheeler. We have also changed the format of our statements to more accurately reflect the nature of our assets and liabilities

I would like to recognize the efforts of our Board members and staff as well as the many people who volunteer their time in support of our Foundation. Finally, thanks to the members of our community who support us through their financial contributions to the Foundation and their attendance at our functions.

Byron Hender, Chair



### ***YOUNG ADULTS HELPING YOU***

Young Adults Helping You (YAHU), the youth philanthropy council of the Foundation, has begun its fifth year and is now receiving grant applications for worthwhile youth projects in our community. Grants are funded by a Youth Endowment Fund which annually supports projects by and for West Vancouver teens. YAHU members meet regularly to consider grant applications from youth, to develop leadership skills and to demonstrate their commitment to volunteerism and philanthropy.

Recently, recipients have included Youth Hydrogen, a group of ecologically concerned young people who are converting a regular internal combustion car engine to a hydrogen fueled engine, and Project Share, a group that works to assist needy people in the downtown East Side.

YAHU is currently supporting the Senior's Hydrogen Bus Project. The group is excited about being involved with the project, which will address the serious transportation needs of seniors on the North Shore.

In 2007, Brayden Gorden, a teacher at Hollyburn Elementary School is working with YAHU. The Foundation appreciates his commitment to the group and to our community.

## 2006 Annual Report

### GRANTS AND SCHOLARSHIPS REPORT

The Foundation holds two grant competitions each year closing in March and October. A Scholarship Committee is a subcommittee of the Grants Committee and reviews applications for student awards as well as recommendations from the schools. The Committees are responsible for adjudicating the applications and making recommendations to the Board. The members of the Grants Committee are Marjorie Gibson, Stuart Clyne, Richard Rees, Caroline Cavelti, Jennifer Orum and Heather Farell. Jennifer, Caroline and Heather also served on the Scholarship Committee. Grants

totalling \$15,900 went to Health and Social Services, \$19,500 went to the Arts sector and the remainder went to Recreation and the Environment. The Foundation successfully applied for a renewal of the Vancouver Foundation LEAD grant that was used to support the Seniors Go-Bus. Additional grants in the amount of \$605 were made through YAHU, our youth in philanthropy group. A further \$7000 was allocated to Scholarships and student awards.

Carol Ludvigsen, Chair

#### GRANTS - 2006

RECIPIENT	PROJECT SUPPORTED	SECTOR	AMOUNT
Avalon Recovery Society	To produce a series of 3 workshops in WV	Health/Education	\$2,400
Lions Gate Hospital Foundation	To purchase 2 new trauma Cardiac Carts for ER	Health/Education	\$5,000
North Shore Chorus Society	To hold a workshop to improve vocal techniques	Arts/Entertainment	\$500
North Shore Meals on Wheels	To purchase kitchen supplies for 2006	Health	\$500
Ripple Effect Arts & Literature*	To cover project and promo expenses for Wordscapes	Education	\$2,000
WV Community Arts Council	To support a series of 7 concerts "August Arias"	Arts/Entertainment	\$1,500
Harmony Arts Festival	3rd year of the 3 year commitment	Arts/Entertainment	\$5,000
WV Seniors Activity Centre	Go-Bus Project (LEAD GRANT - 2006)	Health	\$5,000
BOOKtopia	Sponsor a Grade 2 event, Author Janet Stevens	Education/Arts	\$2,000
Ferry Building Gallery	To cover promotional aspects of exhibition on Iran	Education/Arts	\$1,500
Lighthouse Park Preservation Society	To cover costs of Newsletter for next 3 years	Environment	\$3,000
North Shore Rescue Team Society	To purchase an Alpine Basket Stretcher/Litter Wheel	Recreation	\$3,000
Pacific Dreams Theatre Society	Rental of rehearsal space at the WVCC	Recreation	\$2,000
WinterSong Festival	To offset the performer fee for one or more concerts	Arts	\$5,000
District of WV	New Year's Eve Celebration at Millennium Park	Recreation	\$1,000

\*Ripple Effect - \$1,000 from Mayor's Fund

#### YAHU GRANTS - 2006

RECIPIENT	PROJECT SUPPORTED	SECTOR	AMOUNT
Ambleside Youth Centre	Project Share	Health	\$300
North Shore Global Tribe	NS Global Tribe Auction & Fashion Show	Education/Health	\$305

#### SCHOLARSHIPS - 2006

RECIPIENT	SCHOLARSHIP	SCHOOL	AMOUNT
Vandad Pourbahrami	James A. Inkster Award	WVSS	\$1000
Emma Destrube	WV Visual Arts Scholarship	WVSS	\$500
Jane Leung	WV Visual Arts Scholarship	Sentinel	\$500
Taylor Jakubke	WV Visual Arts Scholarship	Rockridge	\$500
Kristine Chalk	Faris Family Scholarship - YEAR 1	Rockridge	\$1,500
Byron Chard	Trajan Martin Memorial Award	Rockridge	\$500
Matthew Levy	Jeremy Dalton Rugby Endowment Scholarship		\$500
Ryan Hamilton	Jeremy Dalton Rugby Endowment Scholarship		\$500
Marcel Sangsari	Faris Family Scholarship - YEAR 3	WVSS	\$1,500
Jennifer Duggan	Christina Lawson/Music & Drama Scholarship	WVSS	(\$1500 deferred to 2007)

## 2006 Annual Report

### STATEMENT OF OPERATIONS & FOUNDATION EQUITY

### EXECUTIVE DIRECTOR'S REPORT

Year ended December 31, 2006

	2006	2005
	\$	\$
<b>Revenue</b>		
Investment Income	99,160	70,740
Unrealized Increase in market value of investments	224,474	156,689
	323,634	227,429
<b>Revenue Allocated to Managed Funds Under Administration</b>		
Investment Income	(24,728)	(23,327)
Unrealized Increase in market value of investments	(61,114)	(39,803)
	237,792	164,299
<b>Expenditures</b>		
Grants	46,005	115,805
Administration (note)	39,102	16,589
	85,107	132,394
<b>Excess of Revenues over Expenses</b>	152,685	31,905
<b>Net Assets, beginning of year</b>	2,276,667	2,120,470
Donations to Endowment Funds	81,679	113,408
Donations to Community Fund	24,120	10,884
<b>Net Assets, end of year</b>	2,535,151	2,276,667

*Note: Administration fees have been shown net of recoveries of fees on managed funds under administration.*

*The 2006 audited statements are available on the Foundation's website.*

### TREASURER'S REPORT

The 2006 audited statements reflect the adoption of presentation changes recommended by the Canadian Institute of Chartered Accountants. Simply put the financial statements now separate those funds contributed as long term endowments from those the Foundation manages for organizations within the community.

Our Foundation deserves your support.

Ron Royston, Treasurer

2006 was a busy year full of numerous opportunities and challenges. As reported last year, we introduced new software to the foundation - FIMS - Foundation Information Management System - on a pilot project with Vancouver Foundation. We are very pleased and relieved that we have been able to complete our first complete year on this system. We had a busy year with over 400 donations received, deposited, recorded, and receipted.

We have also been able to introduce new ways for our donors to send their gifts, including a process for receiving gifts of securities and on-line donations through Canada Helps.

In terms of fund development, it has been rewarding to work with two West Vancouver amateur sports groups on their capital campaigns - Capilano Rugby Club and Hugo Ray Park Society for field hockey - particularly in a time when health and fitness are so important.

We continue to be challenged by the lack of marketing expertise and time available to us - we have reached out to our grantees to assist us with publicity but we have missed opportunities for photo shoots, press releases, and other related publicity. Our website continues to attract attention with an average of 329 unique visitors per month for a total of almost 4,000 hits in 2006. We continue to update our website and recently added a link to a new YAHU website, which they have designed themselves. More work still needs to be done on our site with some pages still under construction.

As I leave the foundation after 5 ½ years, I would like to thank past and present members of the Board who I have worked with. I appreciate the opportunity to give back to the community in which we live. It is my hope that programs which have been initiated over past years will continue to grow. I wish the West Vancouver Community Foundation much success in the future, and will watch with anticipation as the foundation grows towards its \$10 million goal.

Charlotte McLaughlin  
Executive Director